



Trine BORGLIT
(Zealand University Hospital, Denmark)

Curriculum Vitae

Education Background

1992-1996	Registered Nurse
2010	Enterostomal Therapy Nurse; ET University of Gothenburg, Sweden
2019	Master's Degree in Clinical Nursing, MSc in Nursing Science / Cand.cur. University of Southern Denmark

Professional Experience

Trine Borglit has extensive clinical and academic experience within stoma care nursing, colorectal patient pathways, and patient-centered prehabilitation. Her professional work has focused on preparing and supporting patients undergoing ostomy surgery, with particular emphasis on individualized patient education, self-care, and structured patient pathways. Furthermore, she has a particular clinical and academic interest in the development of nursing care for patients with parastomal hernia.

In her clinical work, she has contributed to the development and implementation of evidence-based guidelines, patient information materials, and structured care initiatives within both nursing-led and multidisciplinary settings. These activities have aimed to improve quality, continuity of care, and patient involvement in stoma care.

Trine Borglit has contributed to scientific publications within her field and has many years of experience teaching healthcare professionals in stoma care nursing. She has disseminated her knowledge and clinical expertise through educational activities and presentations at national and international conferences.